

Deep Dive on Elbows

Wednesday, October 25, 2023

6:00PM-7:45PM • Zoom Webinar

6:00PM-6:10PM

Introduction

Ayesha M. Rahman, M.D., MSE
Program Co-Chair

6:10PM-6:30PM

Distal Biceps Injury and Surgical Management

Kevin N. Jiang, M.D.
Assistant Professor of Clinical Orthopaedic Surgery
Weill Cornell Medicine
Attending Orthopaedic Surgeon
NewYork-Presbyterian Queens

6:30PM-6:50PM

Post-op Rehabilitation of Distal Bicep Surgical Management

Vijay Muni, MS, OTR/L
Occupational Therapist
Department of Rehabilitation Medicine
NewYork-Presbyterian Queens

6:50PM-7:10PM

Terrible Triad Injury of the Elbow and Surgical Management

Ayesha M. Rahman, M.D., MSE
Assistant Professor of Clinical Orthopaedic Surgery
Weill Cornell Medicine
Attending Orthopaedic Surgeon
NewYork-Presbyterian Queens

7:10PM-7:30PM

Post-op Rehabilitation of the Terrible Triad

Darwin Davis, OTR/L, CHT, CEAS
Occupational Therapist
Department of Rehabilitation Medicine
NewYork-Presbyterian Queens

7:30PM-7:45PM

Q&A and Closing Remarks

PLEASE NOTE: With our Zoom platform, we are able to document the length of your participation. Physicians claim credit based on participation time, rounded to the nearest quarter hour; this is the number of credits awarded. **ZOOM LINKS** for this course will be provided to registrants prior to the event.

Statement of Need: Sports medicine is constantly evolving, and physicians are always looking to provide better standards of care to high level athletes and weekend warriors. Upper Extremity injuries can be debilitating and require special attention regain function and dexterity. Biceps and the terrible triad injury of the elbow can be challenging for the surgeon and rehab specialist. This symposium looks to educate and provide up to date knowledge on these injuries. It will also provide an insight into the delicate nature of rehabilitation after surgical interventions.

Target Audience : Primary care physicians, orthopedic surgeons, physiatrists, physician assistants, physical therapists, occupational therapists, residents, fellows, athletic trainers, nurses, rehabilitation specialists and other sports medicine specialists and healthcare professionals.

Educational Objectives

- Explain the technique of a distal bicep injury.
- Understand the nature of injury of the terrible triad of the elbow and the surgical implications.
- Able to incorporate proper rehab protocol for the surgical interventions.

Accreditation: NewYork-Presbyterian Queens is accredited by the Medical Society of the State of New York to provide continuing medical education for physicians.

NewYork-Presbyterian Queens designates this live activity for a maximum of **1.75 AMA PRA Category 1 Credit(s)**[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Accreditation for Board of Certification for Athletic Trainers

NewYork-Presbyterian Queens is recognized by the Board of Certification, Inc. to offer continuing education for BOC Certified Athletic Trainers.

This program has been approved for a maximum of **1.75 hours of Category A continuing education**. BOC Certified Athletic Trainers are responsible for claiming only those hours actually spent participating in the continuing education activity. BOC Approved Provider Number: P8660

CEHs for Physical Therapists & PT Assistants: NewYork-Presbyterian Queens is recognized by the New York State Department of Education's State Board for Physical Therapy as an approved provider of physical therapy and physical therapist assistant continuing education. This program has been approved for a maximum of **2 contact hours**.

****OT CEUs are pending**

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Registration Fees: \$50 Physicians / \$25 General Registrants / No Fee: Physicians-in-training, NYP Queens Physicians & Staff (copy of NYP Queens ID required with registration)

To Register: Website: www.nypqcme.org • Office of CME: 718-670-1419

Cancellation: Refunds will only be made upon receipt of written notification a minimum of five business days prior to the session.