

All Things Knees: All You Knee to Know About the Knee

Friday, February 9, 2024 • 7:00AM-1:20PM

NewYork-Presbyterian Queens

**Theresa and Eugene M. Lang Center for Research and Education – Lang Auditorium
56-45 Main Street • Flushing, NY 11355**

Program Co-Chairs: Tony N. Quach, M.D., Libi Galmer, D.O., Anthony Vucenik, PT

Statement of Need: Knee pain is one of the most common reasons for patients to seek medical attention. It can affect children, adults and the elderly. Understanding the cause of the knee pain is crucial in providing care. Treatment modalities can be as simple as rest and ice to possibly needing surgery. Come listen to a panel of sport medicine specialist, arthroplasty surgeons, rehabilitation doctors discuss the many causes of knee pain and how we can help patient recover. Learn the different non-surgical and surgical options to treat meniscus tears, ACL injuries, patella instability, and knee arthritis. In addition, there will be a live demonstration and hands-on component to learn how ultrasound can help us diagnose and treat patients in the office.

Target Audience: Primary care physicians, orthopedic surgeons, physiatrists, physician assistants, physical therapists, occupational therapists, residents, fellows, athletic trainers, nurses, rehabilitation specialists and other Sports Medicine Specialists and Healthcare Professional involved in the care of knee injuries.

Educational Objectives

- Recognize the anatomical structures of the knee through radiographic imagery.
- Recognize the nature of various ligamentous injuries in sport and dance.
- Determine the differences between partial and total joint arthroplasty procedures.
- Recognize the appropriate protocol for return to play with an ACL surgical procedure.
- Recognize knee pain after a joint arthroplasty.
- Determine the proper injectables for knee pain.

Accreditation: NewYork-Presbyterian Queens is accredited by the Medical Society of the State of New York to provide continuing medical education for physicians.

NewYork-Presbyterian Queens designates this live activity for a maximum of **5.0 AMA PRA Category 1 Credit(s)**[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Accreditation for Board of Certification for Athletic Trainers

NewYork-Presbyterian Queens is recognized by the Board of Certification, Inc. to offer continuing education for BOC Certified Athletic Trainers.

This program has been approved for a maximum of **5.0 hours of Category A continuing education**. BOC Certified Athletic Trainers are responsible for claiming only those hours actually spent participating in the continuing education activity. **BOC Approved Provider Number: P8660**

CEHs for Physical Therapists & PT Assistants: NewYork-Presbyterian Queens is recognized by the New York State Department of Education's State Board for Physical Therapy as an approved provider of physical therapy and physical therapist assistant continuing education. This program has been approved for a maximum of **6.2 contact hours**.

Disclosure Statement: NewYork-Presbyterian Queens relies upon planners and faculty participants in its CME activities to provide educational information that is objective and free of bias. In this spirit, and in accordance with the guidelines of MSSNY and ACCME, all speakers and planners for CME activities must disclose any relevant financial relationships with commercial interests whose products, devices or services may be discussed in the content of a CME activity that might be perceived as a real or apparent conflict of interest. Any discussion of investigational or unlabeled uses of a product will be identified.

Registration Fees: \$75 Physicians / \$50 General Registrants / No Fee: Physicians-in-training, NYP Queens Physicians & Staff (*copy of NYPQ ID required with registration*)

To Register: Website: www.nypqcme.org • Office of CME: 718-670-1419 • Scan QR Code Below

Cancellation: Refunds will only be made upon receipt of written notification a minimum of **5 business days** prior to the session.

**SCAN QR CODE
TO REGISTER**



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AGENDA

7:00AM Registration

7:30AM Introduction and Welcoming Remarks

Jeffrey E. Rosen, M.D.

Service Chief, Department of Orthopaedics

NewYork-Presbyterian Queens

Nasim Chowdhury, M.D., FAAPMR

Service Chief, Department of Rehabilitation Medicine

NewYork-Presbyterian Queens

SECTION I: General Knee Topics

7:50AM *The Leg Bone is Connected to the Thigh Bone: Basic Knee Anatomy*

Kuntal Chowdhary, M.D.

8:10AM *Time for a Selfie: Basic Knee Imaging*

Eitan Novogrodsky, M.D.

SECTION II: Sport Medicine

8:30AM *It is Only My Meniscus! How to Treat Meniscus Tears in 2023*

Kevin Jiang, M.D.

8:50AM *My ACL is Torn: Is My Sports Career Over? Treatment of ACL*

Tears in Adolescent Patients

Mathew Hamula, M.D.

9:10AM *My Knee Cap Popped Out, Now What? Treatment*

Options for Patella Instability

Brandon Hassid, M.D.

9:30AM *Let's Do the Strut: Moximed Misha Knee System*

Tony N. Quach, M.D.

9:50AM *Twist and Shout: Dance Related Injuries to the Knee*

Jason Hu, M.D.

10:10AM *Questions and Answers*

10:20AM *Break*

SECTION III: Knee Arthroplasty

11:00AM *Are you Doing the Surgery or Is the Robot Doing the Surgery?*

Role of Robotic Technique in Total Knee Replacements

Robert Li, M.D.

11:20AM *Will That be a Partial or Total? Role of Partial Knee*

Replacement for Knee Pain

Aditya Derasari, M.D.

11:40AM *Why Does it Still Hurt? Knee Pain After Knee Replacement*

Geoffrey P. Marano, M.D.

SECTION IV: Rehabilitation and Ultrasound

12:00PM *Who Wants a Shot? What You Needle to Know About*

Injections for the Knee

Kishi Patel, D.O.

12:20PM *You Fixed My Knee, Now What? Rehabilitation and Return to Play*

After An ACL Post-Operative Procedure

Jessica Paparella-Wachtel, DPT & Angelo Marsalla, MA, ATC, USAW

12:50PM *Let's Take a Look, Shall We: Ultrasound Lecture and Demonstration*

Brandon Hassid, M.D.

1:10PM *Questions and Answers*

1:20PM *Closing Remarks & Adjourn*

PRESENTERS

Kuntal Chowdhary, M.D.

Postdoctoral Sports Medicine Fellow

NYP/Columbia University Irving Medical Center

Aditya Derasari, M.D.

Attending Orthopaedic Surgeon

Director, Total Joint Arthroplasty Service

NewYork-Presbyterian Queens

Assistant Professor of Clinical Orthopaedic Surgery

Weill Cornell Medicine

Mathew Hamula, M.D.

Attending Orthopaedic & Sports Medicine Surgeon

NewYork-Presbyterian Queens

Brandon Hassid, M.D.

Sports Medicine Fellow

NewYork-Presbyterian Queens

Jason Hu, M.D.

Attending Physiatrist

NewYork-Presbyterian Queens

Instructor in Clinical Rehabilitation

Weill Cornell Medicine

Kevin Jiang, M.D.

Attending Orthopaedic Surgeon

NewYork-Presbyterian Queens

Assistant Professor of Clinical Orthopaedic Surgery

Weill Cornell Medicine

Robert Li, M.D.

Attending Orthopaedic Surgeon

Co-Director of Total Joint Arthroplasty Service

NewYork-Presbyterian Queens

Assistant Professor of Clinical Orthopaedic Surgery

Weill Cornell Medicine

Geoffrey P. Marano, M.D.

Attending Orthopaedic Surgeon

NewYork-Presbyterian Queens

Angelo Marsalla, MA, ATC, USAW

Athletic Trainer; Partner and Sports Medicine Director

Professional Physical Therapy

Eitan Novogrodsky, M.D.

Attending Physician, Department of Radiology

NewYork-Presbyterian Queens

Jessica Paparella-Wachtel, DPT

Physical Therapist; Clinical Director

Professional Physical Therapy, Garden City, NY

Kishi Patel, D.O.

Attending Sports Medicine Physician

NewYork-Presbyterian Queens

Tony N. Quach, M.D.

Attending Orthopaedic Surgeon

Associate Director of Sports Medicine Service

NewYork-Presbyterian Queens

Assistant Professor of Clinical Orthopaedic Surgery

Weill Cornell Medicine